



DANCE FOR A REASON

Coaching scholarships for students, patients and their families.

Saturday, Feb. 15

4:30pm - 5:45pm

In Step Dance School

9440 Matthy Drive,

Fairfax, VA 22031

Price: \$20 Solo & \$30 Couple

Refreshments provided

- M** Mindfulness
- Y** Yoga & Meditation
- C** Coaching & Leadership
- O** Observation & Research
- N** Neuroplasticity Reverses Negativity
- S** Self & Social Awareness
- C** Curiosity & Care
- I** Inspiration & Insight
- O** Opportunity for growth
- U** Universal & Spiritual Intelligence
- S** Self, Social, & Relationship Management

Win our sponsor
door prize:
Valentine Dinner
for Two

RSVP to coach@myconscious.org or on our website: www.myconscious.org
To register: <https://www.eventbrite.com/e/dance-for-a-reason-tickets-92294586593>